

Today's date: _____

Last Name	First Name	Middle Name
Other names used	Date of Birth	
Social Security Number		
Current Gender <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Transgender <input type="checkbox"/> Decline to answer	Gender Identity <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Female to Male (FTM)/Transgender Male/Trans Man <input type="checkbox"/> Male to Female (MTF)/Transgender Female/Trans Female <input type="checkbox"/> Gender Queer (neither exclusively male nor female) <input type="checkbox"/> Additional Gender Category <input type="checkbox"/> Something else <input type="checkbox"/> Decline to answer	
Sexual Orientation <input type="checkbox"/> Straight or heterosexual <input type="checkbox"/> Lesbian, gay, or homosexual <input type="checkbox"/> Bisexual <input type="checkbox"/> Something else <input type="checkbox"/> Decline to answer <input type="checkbox"/> Don't know		
Preferred Pronoun <input type="checkbox"/> He/Him/His <input type="checkbox"/> She/Her/Hers <input type="checkbox"/> They/Them/Their <input type="checkbox"/> Other <input type="checkbox"/> Decline to answer		
Physical Address		
Street Address		
City	State	Zip Code
Mailing Address (check here if same as above) <input type="checkbox"/>		
Street or P.O. Box		
City	State	Zip Code
Contact Information Home Phone	<input type="checkbox"/> Ok to leave message	<input type="checkbox"/> Do not leave message
Cell Phone	<input type="checkbox"/> Ok to leave message	<input type="checkbox"/> Do not leave message
Email: (check here if OK to use this email to enroll in Patient Portal) <input type="checkbox"/>		
Language		
<input type="checkbox"/> American Sign <input type="checkbox"/> Chinese <input type="checkbox"/> English <input type="checkbox"/> Hmong <input type="checkbox"/> Japanese <input type="checkbox"/> Punjabi <input type="checkbox"/> Spanish <input type="checkbox"/> Russian <input type="checkbox"/> Tagalog <input type="checkbox"/> Vietnamese <input type="checkbox"/> Other _____		
Religion		
<input type="checkbox"/> Buddhist <input type="checkbox"/> Catholic <input type="checkbox"/> Christian <input type="checkbox"/> Eastern Orthodox <input type="checkbox"/> Hindu <input type="checkbox"/> Islamic <input type="checkbox"/> Jehovah's Witness <input type="checkbox"/> Mormon <input type="checkbox"/> Unitarian <input type="checkbox"/> None <input type="checkbox"/> Other _____		

Marital Status

Divorced
 Domestic Partner
 Legally Separated
 Married
 Single
 Widowed
 Other _____

Are you a student?

No
 Yes, full-time
 Yes, part-time

Are you a veteran?

No
 Yes

Have you been homeless at any time since January of this year?

No
 Yes, doubling up/couch surfing
 Yes, shelter
 Yes, on the street
 Yes, transitional housing
 Yes, other: _____

Racial Background (check all that apply)

American Indian/Alaskan Native
 Asian
 Black/African American
 Filipino
 Hispanic or Latino
 Native Pacific Islander
 Other Pacific Islander
 White
 Other _____

Are you Hispanic or Latino?

No
 Yes

Are you a migrant worker?

No, not a farm worker
 Yes, Migrant
 Yes, Seasonal worker

Are you Head of Household?

Yes, Self
 No, Other Person _____

of persons in your family _____

Family income \$ _____ Annually
 Monthly
 Weekly

Emergency Contact

Name _____

Phone _____	Relationship _____
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Would you like assistance during your appointment?

No, thank you
 Yes, language interpreter
 Yes, low vision/blindness
 Yes, mobility assistance
 Yes, Other _____

Patient/Client Agreement

- The information I have given is true to the best of my knowledge.
- By signing below I am consenting to receiving medical, dental, and/or behavioral health services from WellSpace Health either in person or via telehealth, including immunizations (or am consenting for the minor in my care).
- I acknowledge WellSpace Health provides clinical training opportunities to students who may be present during my visit.
- I acknowledge my responsibility to pay for services according to the policies established by WellSpace Health.
- I authorize assignment of benefits for services to be paid to WellSpace Health.

Patient/Client Signature (or Parent/Guardian of Patient Signature) _____

Date _____

Patient/Client Rights

Welcome to WellSpace Health! We are dedicated to providing you with high quality medical, dental, and behavioral health services. The safety of patients/clients is enhanced when patients/clients are partners in the health care process. Please review the following information carefully. If you have a question about the following information, please ask a staff member for assistance.

Access to Care:

You have the right to:

1. Access to care without regard to gender, sexual orientation, culture, economics, education, religion, language, age, race, color, ancestry, national origin, presence of a disability, or the source of payment for your care.
2. Obtain a reasonable response to any reasonable request made for services within the Health Center's capacity, stated mission, applicable laws, policies, and regulations. The Health Center will give each patient/client necessary health services to the best of its ability, including choice of Provider.
3. Information how to appropriately access urgent or emergency services.
4. Information how to seek a second opinion and seek specialty care.

Considerate and Respectful Care:

You have the right to:

1. Considerate, respectful care and treatment that optimizes your comfort and dignity.
2. Appropriate care which reflects your values, beliefs, or preferences while acknowledging legal limitations, policy limitations, physical limitations, and psychosocial, spiritual, and/or cultural concerns.
3. Reasonable continuity of care and knowledge in advance of the time and location of future appointments, as well as the identity of the Provider providing that care.
4. Expect that as Mandated Reporters, all allegations, observations, and suspected cases of neglect, exploitation, and abuse will be reported to the appropriate authorities.
5. Request that any Provider or staff member wash their hands prior to giving care.

Knowledge and Information about your Care:

You have the right to:

1. Request to see the staff identification of the Provider who has primary responsibility for coordinating your care and other health professionals who will treat you.
2. Receive information from the Provider about your care and treatment in terms that you can understand.
3. Receive as much information about any proposed treatment or procedure as you may need in order to give informed consent or to refuse this course of treatment.
4. Receive information in a form that is easy to understand and is complete, accurate, timely, and unambiguous to enable you to give informed consent, including interpretation if needed.
5. Refuse care, treatment, or services.

Active Participation in your Care:

You have the right to:

1. Actively participate with your Provider in making decisions regarding your care.
2. Formulate advance directives.
3. Participate in end-of-life decisions.

Health Insurance Portability and Accountability Act (HIPAA) & Confidentiality:

You have the right to :

1. Ask to see and/or get a copy of your health records. A request must be made in writing and WellSpace Health will have 10 business days to process a request.
2. Have corrections added- but not replaced- to your health information.
3. Receive a notice that tells you how your health information may be used or shared.
4. Decide if you want to give your permission before your health information, recordings, films, or images can be used or shared for certain purposes, such as marketing.
5. Get a report on when and why your health information was shared for certain purposes.

Respect for Patient Rights regarding your Care:

You have the right to:

1. Respectfully and appropriately express concerns or complaints about your care with the assurance that the presentation of a concern will not compromise the quality of your care or future access to care, and to expect a reasonable and timely response to your concerns.
2. Expect that all WellSpace Health personnel shall observe these patient rights and that all patient rights apply to the person who may have legal responsibility to make decisions regarding care on your behalf.

Appoint a surrogate decision maker for your Care:

You have the right to:

1. Appoint a surrogate decision maker for your care, who will have all the same rights and responsibilities as the patient/client. A written form must be on file with WellSpace Health regarding surrogate decision makers and the situations in which they would be empowered to make decisions on your behalf.
2. Expect that when the term patient/client is used in this form, it means that if the patient/client is unable to make decisions, the surrogate decision maker will do so.

If you believe your rights are being denied or your health information isn't being protected, you can file a complaint with WellSpace Health Administration, and/or your health insurer.

I have read and understand the above information. I have had an opportunity to ask WellSpace Health staff for help with understanding each item. I will be provided a copy of these Patient/Client Rights.

Print Patient/Client Name _____ Date _____

Patient/Client Signature (or Parent/Guardian Signature) _____ Date _____

Terms and Conditions

Welcome to WellSpace Health! We are dedicated to providing you with high quality medical, dental, and behavioral health services. Please review the following information carefully, and initial each statement to indicate you understand each statement. If you have a question about the following information, please ask a staff member for assistance

- _____ Initial
- Health Center Hours**
- WellSpace Health Centers are open Monday through Friday, 8am to 5pm, or as otherwise indicated.
- During regular Health Center hours, call 916-737-5555 to speak with your care team.
 - In case of a medical emergency, please call 911.
 - If you have a *medical need* outside of normal Health Center hours, please call 916-737-5555 to be connected to the after-hours service.
 - If you have a *women's health need* outside of normal Health Center hours please call 916-392-2290 to be connected to the after-hours service.
 - If you have a pediatric *dental need* outside normal Health Center, hours please call 916-822-8958 to be connected to the after-hours service.
 - If you have a *behavioral health need* outside of normal Health Center hours, please call:
 - Contact WellSpace Health's 24hr Suicide Prevention Crisis Line at 916-368-3111 or 1-800-273-8255.
 - Go to your local Hospital Emergency Room
 - Call 911 and ask to speak to the mental health worker on call.
- _____ Initial
- Check In for Appointments**
- We ask that you please arrive at your scheduled time for your appointment.
- _____ Initial
- Missed Appointments**
- WellSpace Health serves thousands of patients/clients every month. In order to best serve you, we ask that you provide WellSpace Health 24-hour advance notice to cancel a scheduled appointment so that we may offer that appointment to another patient/client. Failure to provide advance notice will be considered a "missed appointment". Patients/clients who miss 3 consecutive appointments in a 6 month period may only be seen by Open Access for 6 months from the 3rd missed appointment date.
- _____ Initial
- Children's Appointments**
- A parent or legal guardian or other adult must accompany minor children to all appointments. If you are a minor seeking treatment without a parent or guardian, see a staff member for additional paperwork.
- _____ Initial
- Medical Records**
- The records, x-rays, photographs, models, and other materials relating to your treatment, or the treatment of your child, are the property of WellSpace Health. You have the right to request copies in writing. Please allow up to 10 business days to process your request. The patient/client, or parent or guardian, must sign a Release of Information before duplicate records can be sent to another health care provider.
- _____ Initial
- Address/Phone Number Changes Notifications**
- It is important for us to reach you to confirm appointments, provide test results, or to follow-up on your visit. To that end, we ask that you update us with any changes in your phone number or address or email address at each appointment.
- _____ Initial
- Refill Requests**
- **Contact your pharmacy directly for refill requests.** Please allow up to 72 hours for processing of prescription refill requests from your pharmacy. If you will need an appointment before refills are ordered, please call for an appointment at least 2 weeks before you run out of medication. In addition, bring your medication bottles with you to each appointment.
- _____ Initial
- Exam and Treatment Rooms**
- Cell phones must be silenced at all times. Please do not make or take calls/texts unless in case of an emergency. Children receiving care may be accompanied by one person. No food or beverage allowed.
- _____ Initial
- Pain Policy**
- WellSpace Health follows nationally accepted medication prescribing guidelines. Your current prescriptions will be reviewed by your provider. If the provider believes an alternate medication is appropriate, your medications may be changed. All patients/clients receiving controlled substances will be asked to sign a Pain Medication Agreement. Our refill policy is explained in the Pain Medication Agreement. Narcotics are not prescribed on the first appointment.

Initial

Photographs

- Patient/client photographs may be taken at initial and annual visits for patient’s chart, as well as to document clinical conditions or findings, and to help provide extraordinary customer service. Any other uses require written consent from the patient/client, or parent or guardian.

Initial

Personal Conduct

- It is our expectation that all patients/clients and staff at WellSpace Health will be treated with dignity and respect. If you do not follow this policy, you may be asked to leave. Examples of behavior that could lead to termination of your care with WellSpace Health include, but are not limited to:
 - Yelling at, harassing, or threatening other patients, staff, or visitors
 - Removing supplies, equipment, Health Center property, or WellSpace Health staff property
 - Public intoxication (including alcohol and/or drugs)
 - Vulgar or offensive language
 - Failure to comply with WellSpace Health policies or staff directions

Initial

Medical Providers

- All or part of your medical care at this Health Center will be provided either by a Nurse Practitioner (NP) or Physician Assistant (PA) and is supervised by a physician. The quality of your care will be the same as if you were evaluated and/or treated by a physician. If you do not feel that this is so, and/or you are dissatisfied with the care of the NP or PA, please ask for an appointment to speak with the Health Center manager. Any patient has the right to refuse treatment by a NP or PA and can request to be seen by a physician. Understand that you may not be able to have an appointment with a physician that same day, but you are not being refused treatment today by the NP or PA. Well Space Health provides clinical training opportunities to students including physicians, physician assistants, nurse practitioners, behavior health providers and allied health staff who may be involved in your care.

Initial

Telehealth Appointment

- Your visit may be conducted via telehealth. Telehealth is a way to connect with your provider by phone or video. Telehealth offers you the same level of care as if you were in person with your provider at the health center. Your care team will inform you if your visit is eligible for telehealth. You have the right to decline a telehealth visit.

Initial

Take Responsibility for your Care

You have the **responsibility** to:

- Inform your Provider about your health history, current medications, and to fully participate in self-management activities.
- Inform staff about any phone, address, email address, or insurance changes as soon as they happen.
- Ask questions if you have any concerns or are unclear about any aspect of your care.
- Follow instructions regarding your care plan, treatment, or services. If instructions are not followed, understand that there are health consequences if your care plan, treatment, or services are not fully followed.

Initial

Payment and Collection

- I understand that I am financially and legally responsible to pay for services that I, or the minor in my care, receive at WellSpace Health.
- I also understand that financial counseling is available to help qualify for government-sponsored programs, establish a payment plan, and charity care.
- I understand I am responsible for any balance due of any treatment that my insurance or any other program does not cover/pay for.
- I also understand payment is due on day of service unless a financial arrangement is made.
- I authorize the release of any medical or other information necessary to process the claims. I assign and authorize payments from all sources to WellSpace Health for my treatment.

I have read, understand, and agree to follow the above policies. I have had an opportunity to ask WellSpace Health staff for help with understanding each policy. I give my consent to WellSpace Health to evaluate, screen, treat, and render services to me (or the minor in my care listed below). I will be provided a copy of these Terms and Conditions of Services.

Print Patient/Client Name

Date

Patient/Client Signature (or Parent/Guardian Signature)

Date

Adult Medical History Form

Today's Date: _____

Name: _____ Date of Birth _____

MEDICATIONS: Prescription and non-prescription medicines, vitamins, home remedies, birth control pills, herbs, etc.

Medication/Vitamin/Supplement (i.e. Atenolol)	Dose/Strength (e.g. 50mg)	How many times per day (i.e. once per day)

ALLERGIES: Do you have allergies or reactions to:

Medications	Reaction

Surgical History

Surgeries:	Year of Surgery	Reason for Surgery
1.		
2.		
3.		
4.		

PERSONAL HISTORY: Have you ever had problems with any of the following conditions:

	Yes	No		Yes	No
Heart disease	<input type="checkbox"/>	<input type="checkbox"/>	Sickle cell disease	<input type="checkbox"/>	<input type="checkbox"/>
High blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	Kidney/bladder problems	<input type="checkbox"/>	<input type="checkbox"/>
Stroke	<input type="checkbox"/>	<input type="checkbox"/>	Seizures/epilepsy	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	Depression	<input type="checkbox"/>	<input type="checkbox"/>
High Cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	Suicidal thoughts	<input type="checkbox"/>	<input type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>	Mental illness	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	Severe headaches or migraines	<input type="checkbox"/>	<input type="checkbox"/>
Blood clot in legs/lung	<input type="checkbox"/>	<input type="checkbox"/>	Liver problems or hepatitis	<input type="checkbox"/>	<input type="checkbox"/>
Bleed/bruise easily	<input type="checkbox"/>	<input type="checkbox"/>	Gallbladder disease	<input type="checkbox"/>	<input type="checkbox"/>
Anemia	<input type="checkbox"/>	<input type="checkbox"/>	Eating disorder	<input type="checkbox"/>	<input type="checkbox"/>
Cancer Type: _____	<input type="checkbox"/>	<input type="checkbox"/>	Thyroid Disease	<input type="checkbox"/>	<input type="checkbox"/>
Fibroids (women only)	<input type="checkbox"/>	<input type="checkbox"/>	Ovarian cyst/abnormality (women only)	<input type="checkbox"/>	<input type="checkbox"/>
Other Medical Conditions	<input type="checkbox"/>	<input type="checkbox"/>	Prostate Disorder	<input type="checkbox"/>	<input type="checkbox"/>

Adult Medical History Form

Page 2

WOMEN'S HEALTH	
Number of pregnancies _____ Number of live births _____ Number of abortions _____ Number of miscarriages _____ Number of ectopic (tubal) pregnancies _____	When was your last pap smear? _____ I have never had a pap smear _____ Have you ever had an <u>abnormal pap</u> smear? <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, when? _____
First day of last period ____ Periods come every _days and last _____ days Periods are <input type="checkbox"/> Regular <input type="checkbox"/> Irregular <input type="checkbox"/> Painful <input type="checkbox"/> Light <input type="checkbox"/> Moderate <input type="checkbox"/> Heavy Do you have spotting or bleeding between periods? <input type="checkbox"/> No <input type="checkbox"/> Yes	Have you ever had a mammogram? <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, when was your last one? _____ Was it normal? _____
MEN'S HEALTH	
When was your last genital exam? _____ <input type="checkbox"/> Never had	
Habit and Lifestyle	
Tobacco Use Cigarettes: <input type="checkbox"/> Never Quit Date _____ Current Smoker: packs/day _____ # of yrs _____ Other Tobacco: <input type="checkbox"/> Pipe <input type="checkbox"/> Cigar <input type="checkbox"/> Snuff <input type="checkbox"/> Chew <input type="checkbox"/> Vaping Are you interested in quitting? <input type="checkbox"/> No <input type="checkbox"/> Yes	
Alcohol Use Do you drink alcohol? <input type="checkbox"/> No <input type="checkbox"/> Yes # drinks/week _____ Is your alcohol use a concern for you or others? <input type="checkbox"/> No <input type="checkbox"/> Yes	
Drug Use Do you use street drugs? If yes, please list: _____ 4. Have you ever used injectable drugs? <input type="checkbox"/> No <input type="checkbox"/> Yes 5. Have you ever shared needles? <input type="checkbox"/> No <input type="checkbox"/> Yes 6. Has anyone ever told you that you have a problem with drugs or alcohol? <input type="checkbox"/> No <input type="checkbox"/> Yes	
Have you ever had an HIV test? <input type="checkbox"/> No <input type="checkbox"/> Yes if yes, when? _____ What were the results? _____ Have you ever had a Hepatitis C test? <input type="checkbox"/> No <input type="checkbox"/> Yes if yes, when? _____ What were the results? _____	
Immunizations	Health Maintenance
Date of your last flu shot: _____	Date of your last physical: _____
Date of your last pneumonia shot: _____	Date of your last colonoscopy: _____
Date of your last tetanus shot: _____	
DENTAL HISTORY	
Date of last dental visit _____ Date of last x-rays _____ History of injury to teeth or jaws: <input type="checkbox"/> No <input type="checkbox"/> Yes Describe: _____ History of dental pain: <input type="checkbox"/> No <input type="checkbox"/> Yes History of dental infections: <input type="checkbox"/> No <input type="checkbox"/> Yes	

Signature of person completing the form

Date

Provider Signature

Date